

**Taekwondo**
**23 - 26 June 2023**
**Venue** Krynica-Zdroj Arena  
**Training** Krynica-Zdroj Hall

Date	Time	Type	Competition Phase	Octagone
<b>Tuesday, 20th June 2023</b>		Arrival Day		
<b>Wednesday, 21st June 2023</b>	09:00-20:00	Training Day		
		Technical Meeting		
<b>Thursday, 22nd June 2023</b>	09:00-20:00	Training Day		
	10:00-12:00	General Weigh-In for Day 1		
<b>Friday, 23rd June 2023</b>		<b>Competition Day 1</b>		
	08:00	Random Weigh-In		
	08:00-19:00	Training		
	10:00-12:00	General Weigh-In for Day 2		
	09:00-12:12	Women's 46kg, 49kg	Preliminaries	1,2
		Men's 54kg, 58kg	Preliminaries	1,2
	14:00-17:12	Women's 46kg, 49kg	Quater-Finals	1,2
		Men's 54kg, 58kg	Quater-Finals	1,2
		Women's 46kg, 49kg	Semi-Finals	1,2
		Men's 54kg, 58kg	Semi-Finals	1,2
		Women's 46kg, 49kg	Repechages	1,2
		Men's 54kg, 58kg	Repechages	1,2
	19:00-20:48	Women's 46kg, 49kg	Bronze Medal Match	1,2
		Men's 54kg, 58kg	Bronze Medal Match	1,2
		<b>Women's 46kg, 49kg</b>	<b>Finals</b>	<b>1</b>
		<b>Men's 54kg, 58kg</b>	<b>Finals</b>	<b>1</b>
	21:00	Medal Ceremonies		
<b>Saturday, 24th June 2023</b>		<b>Competition Day 2</b>		
	08:00	Random Weigh-In		
	08:00-19:00	Training		
	10:00-12:00	General Weigh-In for Day 3		
	09:00-12:12	Women's 53kg, 57kg	Preliminaries	1,2
		Men's 63kg, 68kg	Preliminaries	1,2
	14:00-17:12	Women's 53kg, 57kg	Quater-Finals	1,2
		Men's 63kg, 68kg	Quater-Finals	1,2
		Women's 53kg, 57kg	Semi-Finals	1,2
		Men's 63kg, 68kg	Semi-Finals	1,2
		Women's 53kg, 57kg	Repechages	1,2

	Men's 63kg, 68kg	Repechages	1,2
19:00-20:48	Women's 53kg, 57kg	Bronze Medal Match	1,2
	Men's 63kg, 68kg	Bronze Medal Match	1,2
	<b>Women's 53kg, 57kg</b>	<b>Finals</b>	<b>1</b>
	<b>Men's 63kg, 68kg</b>	<b>Finals</b>	<b>1</b>
21:00	Medal Ceremonies		

### Sunday, 25th June 2023

### Competition Day 3

08:00	Random Weigh-In		
08:00-19:00	Training		
10:00-12:00	General Weigh-In for Day 4		
09:00-12:12	Women's 62kg, 67kg	Preliminaries	1,2
	Men's 74kg, 80kg	Preliminaries	1,2
14:00-17:12	Women's 62kg, 67kg	Quarter-Finals	1,2
	Men's 74kg, 80kg	Quarter-Finals	1,2
	Women's 62kg, 67kg	Semi-Finals	1,2
	Men's 74kg, 80kg	Semi-Finals	1,2
	Women's 62kg, 67kg	Repechages	1,2
	Men's 74kg, 80kg	Repechages	1,2
19:00-20:48	Women's 62kg, 67kg	Bronze Medal Match	1,2
	Men's 74kg, 80kg	Bronze Medal Match	1,2
	<b>Women's 62kg, 67kg</b>	<b>Finals</b>	<b>1</b>
	<b>Men's 74kg, 80kg</b>	<b>Finals</b>	<b>1</b>
21:00	Medal Ceremonies		

### Monday, 26th June 2023

### Competition Day 4

08:00	Random Weigh-In		
08:00-16:00	Training		
09:00-12:12	Women's 73kg, +73kg	Preliminaries	1,2
	Men's 87kg, +87kg	Preliminaries	1,2
14:00-17:12	Women's 73kg, +73kg	Quarter-Finals	1,2
	Men's 87kg, +87kg	Quarter-Finals	1,2
	Women's 73kg, +73kg	Semi-Finals	1,2
	Men's 87kg, +87kg	Semi-Finals	1,2
	Women's 73kg, +73kg	Repechages	1,2
	Men's 87kg, +87kg	Repechages	1,2
19:00-20:48	Women's 73kg, +73kg	Bronze Medal Match	1,2
	Men's 87kg, +87kg	Bronze Medal Match	1,2
	<b>Women's 73kg, +73kg</b>	<b>Finals</b>	<b>1</b>
	<b>Men's 87kg, +87kg</b>	<b>Finals</b>	<b>1</b>
21:00	Medal Ceremonies		

**Tuesday, 27th June 2023**

Departure Day

**Wednesday, 28th June 2023**

Departure Day