



# ATHLETICS

## Team Leaders' Technical Manual



# DISCLAIMER

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All information in this Manual was correct at the time of going to press. Changes to schedules, procedures, facilities and services, along with any other essential updates, will be communicated to teams by competition management if required. Changes to the competition schedule will also appear on the Games-time website, while any changes to the training schedule will be communicated by the Sport Entries and Sport Information Centre (hereinafter–SIC) in the Athletes' Village (hereinafter–AVL) and Sport Information Desk (hereinafter–SID) at the DINAMO Stadium, which is the Venue for Athletics.



# WELCOME

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The 2nd European Games MINSK 2019 (MINSK 2019) will welcome more than 4,000 athletes, more than 2,000 supporting team officials and about 1,000 technical officials from across Europe to participate in an elite-level sport competition.

We aim to provide all participants with optimal conditions so that they are able to perform at their best. This Manual will help with preparations and Games-time operations as it provides key information including the relevant competition rules and format, medal events, competition schedule and key dates. Each client group – Athletes, Team Officials – also has its own dedicated section within the Manual that includes the information that is relevant to it.

The Manual also includes details of the relevant venue, medical, anti-doping, training and competition related services, as well as the key policies and procedures that will be in place during the Games for each client group.

We hope that this Manual helps with your planning in the time remaining before MINSK 2019. Hard copies of this Manual will be provided to each client group upon arrival in Minsk.

We look forward to welcoming you in Minsk for 10 days of competition that puts sport first and supports tradition for the next editions of the European Games.

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# 1. GENERAL INFORMATION

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Athletics competition at MINSK 2019 will be held from 23 to 28 June 2019 at the DINAMO Stadium in Minsk.

A maximum of 690 Athletes can take part in the Athletics competition.

MINSK 2019 European Games is included into IAAF World Rankings; thus, Athletes will be provided relevant points in standard disciplines based on performances in MINSK 2019.





## 1.1. Key Dates

Date	Event
20 May 2019 (by 23:59 CET)	Sport Entries Submission Deadline
18 June 2019	AVL Official Opening
21 June 2019	Arrival Day
21 June 2019	MINSK 2019 Opening Ceremony
22 June 2019	Official Training Training with Starters Personal Implements Inspection Team Leaders' (Technical) Meeting Venue Inspection
23 June 2019	Start of Athletics Competition
28 June 2019	End of Athletics Competition
30 June 2019	MINSK 2019 Closing Ceremony
30 June 2019	Departure Day
3 July 2019	AVL Official Closing

## 1.2. MEGOC Competition Management

Competition Management	
Position	Name
Athletics Competition Manager	Gulnara MAMMADOVA
Athletics Venue Manager	Nick KARPOVICH

## 1.3. European Athletics Association (EAA)

Position	Name	NOC Code
EAA President	Svein Arne HANSEN	NOR
EAA Director	Christian MILZ	SUI
EAA Technical Delegate	Vadim NIGMATOV	TJK
EAA Technical Delegate	Frank HAMM	GER
EAA Project manager	Marcel WAKIM	GER

## 1.4. International Technical Officials (ITOs)

European Athletics Association shall appoint all ITOs before 31 December 2018.

The total number of ITOs is 14.

ITOs	
EAA TV Delegate	1
Event Presentation Delegate	1
International Technical Officials	8
International / European Starter	1
International / European Photo Finish Judge	1
International / European Video Distance Measurement Judges	2

## 1.5. National Technical Officials (NTOs)

The Belarusian Athletics Federation in cooperation with MEGOC shall appoint NTOs.

The total number of NTOs is 101.

NTOs	
Meeting Manager	1
Warm-up Manager	1
Warm-Up Assistants	2
Technical Manager	1
Technical Manager Assistants	3
Call Room Manager	1
Call Room Judges	15
TIC Manager	1
TIC Judges	6
Start Coordinator	1
Starters	2
Starters' Assistants	3
Recallers	2
Marshalls	8
Chief Judge (Track Events)	1
Umpires	12
Chief Timekeeper	1
Timekeepers	5
Chief Photo Finish Judge	1
Chief Photo Finish Judge's Assistant	1
Video Room Judges	2
Chief Judge (High Jump)	1
Judges	5
Chief Judge (Long Jump)	1
Judges	6
Chief Judge (Javelin Throw)	1
Judges	7
Chief Judge (Track'athlon)	1
Judges	9

## 1.6. Participation

The qualified National Olympic Committees (NOCs) of 30 teams based on the results of the 2017 European Athletics Team Championships shall be invited to participate in Athletics programme of MINSK 2019.

In case any of the qualified NOCs decides not to participate, the unused quota places will be reallocated to the next team from the EAA Ranking 2017.

First 30 Qualified Teams from 2017 Ranking					
1 GER	6 UKR	11 FIN	16 TUR	21 IRL	26 BUL
2 POL	7 ITA	12 SUI	17 POR	22 HUN	27 DEN
3 FRA	8 CZE	13 BLR	18 NOR	23 SVK	28 SLO
4 GBR	9 GRE	14 NED	19 ROU	24 LTU	29 LAT
5 ESP	10 SWE	15 RUS*	20 BEL	25 EST	30 CYP

\*Russian participation pending IAAF reinstatement

Quota places for Dynamic New Athletics (DNA) Mixed Team include eight (8) quota places for male Athletes, nine (9) quota places for female Athletes and six (6) quota places for reserves, what makes the total quota places up to 23 Athletes.

Quota per NOC			
Event	Specific Quota	Men	Women
100m	1 athlete per gender	1	1
100m Hurdles	1 athlete	-	1
110m Hurdles	1 athlete	1	-
Javelin Throw	1 athlete	-	1
Long Jump	1 athlete	-	1
High Jump	1 athlete	1	-
Mixed 4x400m Relay	1 team	2	2
Mixed Track'athlon	1 team	1	1
Hunt Mixed-Distance Pursuit Relay	1 team	2	2
Total:		8	9
		17	

## 1.7. Entries

No Athlete may take part in Athletics competition of MINSK 2019 unless entered by the NOC, which he/she is eligible to represent in accordance with the relevant eligibility rules.

Only Athletes aged at least sixteen (16) years on 31 December of the year of the competition may participate in Athletics competition of MINSK 2019.

### Preliminary Entries

Not later than 28 February 2019 (23:59 CET) each NOC shall send to MEGOC (Online Sport Entries system) a preliminary list of entries, indicating its anticipated numbers of Athletes per event and the numbers of accompanying Officials.

### Final Entries

Not later than 20 May 2019 (23:59 CET) each NOC shall send to MEGOC a final list of its entries, plus the names of accompanying Officials. No subsequent changes may be made thereto.

Final Entry information shall be supplied in the manner to be prescribed by MEGOC (via Online Sport Entries system) and shall include such details as required by MEGOC and European Athletics, including the names, season and personal best performances of each Athlete.

Each NOC may enter one (1) Athlete in each individual event and up to four (4) Athletes may be entered in each Relay. In Track'athlon, one (1) man and one (1) woman is to be entered by each participating NOC. In addition, each NOC is entitled to enter up to six (6) reserve Athletes.

### Final Declarations

Final Declaration of Athletes to compete at each individual match shall be made according to the procedures defined in the article 4.1.2.

## 1.8. Medal Events

Athletics programme is to include 10 medal events (nine (9) individual/relays and one (1) for the team's final standing after Hunt Mixed Relay in Final) summarised below.

Men's Event (3)	Women's Events (4)	Mixed Events (2)
100m	100m	Mixed 4x400 m Relay
110m Hurdles	100m Hurdles	Mixed Track'athlon
High Jump	Long Jump	
	Javelin Throw	
Hunt Mixed-Distance Pursuit Relay (Team Medal Event)		

## 1.9. Competition Format

Athletics competition is a new format event called DNA, which consists of knock-out tournament between national teams. There shall be only one (1) event at a time.

The tournament is based on the matches between the participating teams. Each match is to be around 120 minutes. Each match is to include six (6) teams, mixed of men and women Athletes. Each match is to include 10 disciplines, in the same order and sex categories as per below:

- Track'athlon – Universal Relay (one man & one woman Athletes per team);
- Long Jump – Women;
- 100m – Men;
- Javelin Throw – Women;
- 100m – Women;
- 4x400m – Universal Relay (two men & two women athletes per team);
- 110m Hurdles – Men;
- High Jump – Men;
- 100m Hurdles – Women;
- Pursuit Race (The Hunt) – Universal Relay (two men & two women Athletes per team).

### 1.9.1. Mixed Track'athlon

Mixed Track'athlon is an obstacle race of two (2) laps to include key components of Athletics: run – jump – throw. Each team is to have one (1) man and one (1) woman competing, having approximately one (1) lap each, with man starting first.

The Track'athlon race is to include the following elements:

- Parachute drag and sleigh pull: approximately 40m run, then dropping "harnesses". During the first lap, men run with the tire (weight TBC) and while for the 2nd lap women run with the parachute (sizes TBC).
- Forward Shot Throw with two (2) hands (7,260kg shot for men and 4kg shot for women): The goal is to clear/reach 14m (TBC) in the 1st attempt, otherwise 12m (TBC) in the 2nd attempt, or otherwise to have the 3rd attempt.
- Obstacles: approximately 50m of run with three (3) low height steeplechase hurdles (0,762m) of approximately 10m apart.
- Standing Long Jump: The goal is to clear 2,5m (TBC) for men and 2,0m (TBC) for women in the 1st attempt, otherwise make the 2nd attempt to clear 1,5m (TBC) both men and women.
- Steeplechase water jump or run in outer lanes: there is a choice between jumping over steeplechase water pit or running around it in outer lanes. Steeplechase hurdle height is 0,762m.
- Medicine Ball carry (9kg): Men only (lap 1) – pick up medicine ball after steeplechase barrier and sprint to handover for women to start lap 2.
- Final sprint: Women only (lap 2).

In case of the infringement of the relevant rules or Track'athlon procedures, a team is to be penalized with deduction of 0,5 points for each infringement from their score after completion of Track'athlon.

More detailed explanations and a briefing to the team leaders will be provided during the Technical Meeting.

### 1.9.2. Field Event – Special Format

Field events will be based on the head-to-head system. For each match, the Athletes will be divided into two (2) groups: three (3) Athletes in each group (Group A and Group B).

At the initial stage, each Athlete will have two (2) attempts within three (3) rounds against two (2) other Athletes in his/her group. For the win in each round an Athlete gets three (3) "spikes", 1 "spike" for a tie and zero (0) for lost or foul.

The total number of "spikes" of an Athlete determines the standing based on the initial round in each group. In case of any ties between two (2) or three (3) Athletes after initial round, the standing is decided by the best performance. In case of two (2) or three (3) Athletes in a group would not have any valid attempt after two (2) jumps, their standing in the initial/qualification round is decided by a draw to be conducted by the relevant Referee.

At the final stage, the Athlete will have one (1) attempt to determine the winner and the final standing as the following head to head round: the 3rd place in Group A jumping against the 3rd place in Group B contesting the 5th and the 6th places, the 2nd place in Group A jumping against the 2nd place in Group B contesting the 4th and the 3rd places, and finally, the 1st place in Group A jumping against the 1st place in Group B contesting the 1st and the 2nd places. The final standing of the Athletes determines the points to be received by each team as for any other individual event.

In the High Jump, there are no pre-defined starting heights and progression. Each Athlete decides about the height before each round/attempt (as per above) without knowing the height of the competitor. The referee records the heights ordered by two (2) Athletes and then announces them before the jumps of the head to head format starts. The procedure of deciding the heights is repeated before each round (i.e. each "duel"). The Athlete with lower height ordered always jumps first. In case the same height is ordered by both Athletes, the order of the start list will be used.

Stage	Round	Group A	Group B
Qualification	1	A1 v A2	B1 v B2
	2	A2 v A3	B2 v B3
	3	A3 v A1	B3 v B1
Final	The 5th place	The 3rd Group A v the 3rd Group B	
	The 3rd place	The 2nd Group A v the 2nd Group B	
	The 1st place	The 1st Group A v the 1st Group B	

### 1.9.3. Relays – Special Format

#### 4x400m Mixed Relay

Each team will be composed of two (2) men and two (2) women. The running order is free and will be decided by the team.

The composition of a team shall be officially declared by the time of Final Declarations. Teams are to provide the names of four (4) Athletes, including the name of the 1st leg runner. The order of the 2nd, the 3rd and the last leg may be decided during the race by the accredited Team Leader or a Coach. To facilitate the process, one (1) Team Leader or Coach per team would be allowed to be in the special zone close to the Relay Athletes inside the competition area.

Notwithstanding the aforementioned procedure, IAAF Rule 170.20 shall be strictly applied.

#### Hunt Mixed-Distance Pursuit Relay

Hunt Mixed-Distance Pursuit Relay (The Hunt) is a Medley Relay of the following distances and order: 800m–600m–400m–200m. Each team is to have two (2) women and two (2) men Athletes with the following distribution: 800m (men) – 600m (women) – 400m (men) – 200m (women).

The starting positions and the distance gaps between the teams, if any, are determined by the teams score/standing after nine (9) events of the match<sup>1</sup>. Each point difference between the teams in the team standing translates into one (1) meter of distance gap for the start of the Hunt race. Meaning the leading team after nine (9) events is starting from 800m start line, while other teams, depending on the gap identified as per above, would start behind the leading team.

<sup>1</sup> Instead of distance gaps, a time gap (Gundersen method), maybe be used if the technologies allow. In that case, the participating teams would be notified about the formula of translating point difference between the teams into time difference at the start of the Hunt.

For the 2nd, the 3rd and the 4th legs, the Athletes shall, under the direction of designated officials place themselves in their waiting positions in the same order (inside out) as the order of their respective team members, as they enter the last bend before the exchange zone.

## 1.10. Competition Rules

Athletics competition will be held in accordance with the following documents editions of which are in force at the time of the Games:

- IAAF competitions Rules (2018–2019) available on [www.iaaf.org/about-iaaf/documents/rules-regulations](http://www.iaaf.org/about-iaaf/documents/rules-regulations);
- Technical Regulations for MINSK 2019 will be available on [www.european-athletics.org](http://www.european-athletics.org).

### 1.10.1. Scoring and Team Standing

In each match, the winner of each individual event and Relay shall score 12 points, the 2nd placed – 10 points, the 3rd placed – eight (8) point, the 4th placed – six (6) points, the 5th placed – four (4) point and the 6th placed – two (2) points. Athletes or Relay teams with no valid performance, disqualified or not finishing shall not score.

If two (2) or more Athletes or Relay teams tie for a place in any individual event or Relay, the attributable points shall be divided equally between them.

After nine (9) events, the team scoring will determine the starting positions of the last (i.e. the 10th) event – the Hunt.

The winner of the Hunt is the winner of the match (i.e. the last event determines the winner of the competition). The 2nd placed team will be the 2nd in the final classification, and so on. The teams with no valid performance in the Hunt (e.g. disqualified or not finishing) will be classified in the final standing of the match according to their standing before the Hunt (i.e. after nine (9) events), but behind the teams who finished the race.

### 1.10.2. Protests

Any protest shall be made orally to the relevant Referee in the infield by an Athlete or someone acting on behalf of an Athlete, during the event or immediately after the event. The decision of the Referee will be final and no further appeals will be allowed. Video Recording and Control System will be used extensively to support immediate decisions by the Referee.

### 1.10.3. Clothing and Equipment

Clothing and equipment used by Athletes and other participants in Athletics competition must comply with the following documents:

- IAAF Advertising Regulations in force as from 1st January 2014 available on [www.iaaf.org](http://www.iaaf.org);
- MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines.



It will be mandatory that the competition clothing (FoP only) must be under the authority of the teams (i.e. all Athletics teams will have the right to wear their national team vest with the logo of the national apparel provider in the Field of Play during the competitions.

## 1.11. MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines

The following Rules for MINSK 2019 are based on Rule 50 of the Olympic Charter. IOC Rule 50 will apply in conjunction with the IOC Guidelines issued and in force at the 2016 Olympic Games:

- The European Olympic Committees (EOC) determines the principles and conditions under which any form of advertising or other publicity may be authorised;
- No form of advertising or other publicity shall be allowed in and above the stadia, venues and other competition areas which are considered as part of the European Games sites other than that relating to the contractual rights of the marketing partners of MINSK 2019;
- No kind of demonstration of political, religious or racial propaganda is permitted at any of the European Games sites, venues or other areas;
- These rules and any other manuals, guides, guidelines or instructions issued by the EOC Executive Committee apply to all persons holding accreditation for the Games and are a pre-condition to the ongoing validity of that accreditation.

### 1.11.1. Manufacturer's Identification on Equipment and Clothing

Definition: Manufacturer's Identification means normal display of the name, designation, trademark or logo. The Manufacturer's Identification can only appear once on each piece. The standard graphic elements recognised by the World Federation of the Sporting Goods Industry (e.g. adidas "three stripes") may also be used within reason and subject to prior written agreement. Other identifications such as "Goretex" and "Dryfit" may also be used within reason subject to prior written agreement. The size of these may not be larger than the Manufacturer's Identification.

All approvals must be requested via [brand@minsk2019.by](mailto:brand@minsk2019.by).

- Other than the Manufacturer's Identification, produced according to the size guidelines shown below, and standard graphic elements no form of publicity or propaganda, commercial or otherwise, may appear on persons or on any article of clothing or equipment worn or used by the athletes or other participants at MINSK 2019. It also includes, but is not limited to, for example, any form of body art, jewellery or contact lenses;
- Equipment: any Manufacturer's Identification used cannot take up more than 10% of the surface area of the equipment visible during competition up to a maximum size of 60cm<sup>2</sup>. Exceptions may be applied, subject to prior written agreement ([brand@minsk2019.by](mailto:brand@minsk2019.by));

- Headgear and gloves: the maximum size of the Manufacturer's Identification allowed on any form of headgear and gloves is 6cm<sup>2</sup>. Headgear includes, but is not limited to, hats, helmets, sunglasses and goggles;
- Clothing (e.g. NOC uniforms, competition clothing, tracksuits, T-shirts, shorts, sweat tops and sweat pants): the maximum size allowed for any Manufacturer's Identification on clothing is 30cm<sup>2</sup>;
- There is one exception: where a one-piece body suit is worn in competition, two Manufacturer's Identifications may be included – one above the waist and one below. These Identifications must not be placed next to each other;
- Shoes: the normal distinctive design pattern of the manufacturer may appear on shoes. The manufacturer's name and/or logo may also appear, up to a maximum size of 6cm<sup>2</sup>, either as a part of the normal distinctive design pattern or separate to it;
- Technical gear: the maximum size of the Manufacturer's Identification on all technical gear, installations and other apparatus which are neither worn nor used by Athletes or other participants (for example, timing equipment and scoreboards), may be no larger than 1/10th of the height of the piece in question (up to a maximum of 10cm high);
- In case of special rules adopted by the EAA, exceptions to the rules mentioned above may be approved by the EOC Executive Committee;
- Any violation of these rules may result in disqualification or withdrawal of the accreditation of the person concerned. The decisions of the EOC Executive Committee regarding this matter shall be final.

### 1.11.2. NOC Uniforms

The official uniforms of the NOCs may include:

- Symbols of the country (name of the country, national flag, emblem, etc.);
- Emblem of the NOC;
- MINSK 2019 Logo;
- Emblem of the respective National Sport Federation (on competition kit, only where permitted by the NOC).

The NOC uniforms will be checked in the Call Room.

NOCs should seek prior written approval from MEGOC for their uniforms' design before production begins. Pictures featuring the branding should be sent to [brand@minsk2019.by](mailto:brand@minsk2019.by) for review and official approval.

### 1.11.3. Athlete Conduct

During MINSK 2019 Athletes' ongoing accreditation is conditional upon them not:

- Taking any sport equipment and national flag onto the podium and/or wearing sunglasses and headdresses during an Medal Ceremony;
- Making any kind of demonstration or being involved in political, religious or racial propaganda at any European Games venue or associated areas during the period of the Games.

## 1.12. Late Athlete Replacement (LAR) Policy

The deadline for Sport Entries of participating Athletes for MINSK 2019 is 20 May 2019.

However, where urgent medical problems arise, or in other exceptional circumstances that are assessed on a case-by-case basis, the EOC may permit permanent replacement of one athlete with another only in the same sport, discipline and event.

During the European Games, it is the policy of the EOC that P-accreditations are not available.

Replacement of an Athlete can only occur after consultation with the relevant International Federation (IF) and/or European Federation (EF) and, when deemed necessary by the EOC, an EOC medical expert.

Replacement of Athletes due to Medical reasons after 20 May 2019 and up to 2 hours prior to the Sport Technical Meeting, or weight draw as appropriate, is possible, providing:

- The replacement Athlete is entitled and qualified to take part in the European Games as stipulated in the Qualification systems issued in 2018 and regularly updated by the EOC and MINSK 2019 European Games Operation Committee (MEGOC);
- No doping control issues are pending concerning the replacement athlete;
- The National Olympic Committee (NOC) of the replacement athlete has to apply for accreditation for the athlete prior to the application for accreditation deadline (28 February 2019).

Non-Medical replacement of athletes is possible after 20 May 2019 and up to 24 hours prior to the Sport Technical Meeting, or weight draw as appropriate.

NB: Deadlines for Medical and Non-Medical replacements are different. For Non-Medical replacements, in order to keep changes at a manageable level and support a sustainable level of resourcing within the MEGOC Sport Entries team, a limit on changes to an NOC's delegation has been put in place.

Each NOC shall be allocated a quota for Non-Medical replacements based upon the NOC's overall number of athletes.

Number of Athletes	Quota for Non-Medical LAR
From 1 to 10	1
From 11 to 20	2
From 21 to 50	5
From 51 to 100	10
From 101 to 150	15
From 151+	20

Following confirmation from the MEGOC Sport Entries team that the submission procedure has been correctly completed an application for LAR shall be approved by:

- Technical Delegate for the relevant sport or discipline, on behalf of the IF/EF;
- Designated representative of the EOC.

The following additional procedures must also be carried out in order for one Athlete to be replaced by another:

- The relevant NOC must fill out an Official Athlete Replacement Form for the Athlete being replaced and the replacement Athlete.
- The relevant NOC must add the new Athlete's details to the Eligibility Conditions Form which they already hold and, when required, to the Sport Entry Form for the replacement Athlete.
- The accreditation card of the replaced Athlete must be withdrawn.

Following the Athlete replacement, the accreditation card of the replaced Athlete shall be cancelled. Procedures relating to the replaced accreditation card will be released in due course.

Once a replacement Athlete has been approved, that individual Athlete cannot be replaced for Non-Medical reasons.

All documentation and queries regarding this matter should be sent by email or submitted in person to the MEGOC Sport Entries department:

- In AVL – SIC;
- By email: [entries@minsk2019.by](mailto:entries@minsk2019.by).

The MEGOC Sport Entries Office will forward all received queries to the MEGOC Accreditation team and to the EOC accordingly.

It is effective:

- For Non-Medical replacements – from 20 May 2019 until up to 24 hours prior to the Sport Technical Meeting or weight draw as appropriate for that event;
- For Medical replacements – from 20 May 2019 until up to 2 hours prior to the Sport Technical Meeting, or weight draw as appropriate for that event.

Waiver:

The above-noted policy is subject to further change by the EOC for exceptional circumstances.

## 1.13. Doping Control

MEGOC is committed to delivering a world-class Doping Control Programme during MINSK 2019. Under the authority and direction of the EOC, the MEGOC Doping Control Programme will ensure the integrity of sport is upheld and protect the rights and health of the Athletes. The IAAF Anti-Doping Rules will be respected.

The EOC Medical and Anti-Doping Commission in collaboration with the European Athletics is responsible for determining in advance the distribution and number of Doping Controls to be carried out throughout the Games period.

From the date of arrival in AVL and up to the end of the competition Athletes will be eligible for the urine and blood testing.

The EOC has the authority to test Athletes for substances and doping methods (both urine and blood) prohibited by the World Anti-Doping Agency (WADA) anytime and anywhere from the date of arrival in AVL and up to the end of the competition.

All analyses of samples will be performed at the WADA-accredited laboratory in Austria.

The selection of Athletes may be targeted, random, based on the Athletes' final position in competition as well as on intelligence or the IAAF Anti-Doping Rules.

MEGOC has appointed NADA Belarus as the operational delivery partner for the Doping Control Programme. As the operational delivery partner, it will be responsible for sample collection, secure chain of custody and analysis at the WADA-accredited laboratory.

Further details on the Doping Control Programme and procedures at the European Games will be available in MINSK 2019 Medical, Anti-Doping and Pharmacy Guide which will be provided in February 2019. Printed copies of the Guide will be distributed at the EOC Medical Commission meeting.

If Medical Staff arrive after the due date, copies of the Guide can be collected in AVL Polyclinic.

Athletes selected for doping control will be notified in person and escorted to the Doping Control Station (DCS) by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or team doctor to the DCS along with them.

## 1.14. Sport Information

### 1.14.1. Sport Information Centre (SIC) and Sport Information Desk (SID)

SID is located at the Venue (DINAMO Stadium). The Sport Entries and SIC is located in AVL. The desks will provide a variety of services to NOCs as follows:

- Provision of specific sport information;
- Distribution of start lists, draw lists and results;

- Provision of training schedule information;
- Provision of Sport-specific requirements.

SIC will be located at the Administration Centre in AVL.  
The operating hours are as follows:

SIC Operating Hours	
Period	Operating Hours
Pre-Opening: from 15 to 17 June 2019	07:30 – 20:00
Official Opening Period: from 18 to 30 June 2019	07:00 – 22:00
Official Closing: from 1 to 3 July 2019	08:00 – 20:00

At the DINAMO Stadium, SID will be located at the Technical Information Centre (TIC). For more information and TIC operating hour please refer to article 2.5.5.

## 1.15. Competition Schedule

During the Games there may be delays, postponements or cancellations of competition. Should this occur, NOCs will be informed of the revised competition schedule through SIC in AVL and SID at the Competition Venue.

For details on both, please refer to article 1.14.1 and 2.5.5. Changes will also appear on the Games-time website at [www.minsk2019.by](http://www.minsk2019.by).

For detailed information, please refer to Appendix 1.

## 1.16. Throwing Implements

For Track'athlon Shots will be provided in following diameters:

- Men's Shot 7.26kg – 120mm, 125 mm, 129mm
- Women's Shot 4kg – 108mm, 109mm

Implements in Women's Javelin Throw will be as follows:

Maker	Catalogue No	Description	Colour	IAAF Certificate No
<b>Javelin 600g</b>				
Nemeth Javei-Inn (Hungary)	600CMC75	600g, Club 75m medium composite	Violet, Yellow, Blue	I-13-0628
Nemeth Javei-Inn (Hungary)	600CS75	600g, Classic 75m	Violet, Yellow, Red	I-99-0110
Nemeth Javei-Inn (Hungary)	600C880	600g, Classic 80m	Violet, Yellow, Green	I-99-0102
Nemeth Javei-Inn (Hungary)	600S70	600g, Standard 70m	Aluminium, violet cord Violet	I-99-0107
Nemeth Javei-Inn (Hungary)	600SSC60	600g, Standard 60m	Violet	I-99-0108
Getrasport (Germany)	A 68600	Competition II	Aluminum Yellow or Dark blue cord	I-09-0443
Nordic Sport	7961600	Javelin, 0.600kg Nordic comet	Grey	I-14-0714

## 1.17. Personal Implements

Personal implements (Javelin 600g) shall be allowed providing that:

- They have the valid IAAF certification;
- They are in good conditions and the brand is easily recognizable;
- They are made available to all the other competitors until the end of the match.

Personal Implements can be taken to AVL by an Athlete or will be transferred directly from National Airport Minsk (MSQ) to the DINAMO stadium by MEGOC staff upon request. The service will operate to collect/return javelins from MSQ load zones from 21 June 2019 to 30 June 2019 inclusive.

Personal Implements may be handed in at TIC at the DINAMO Stadium no later than 19:00 on the day before each individual match. A self-copying Personal Implement Receipt form will be completed with the relevant details and a copy will be handed to an Athlete or a Coach. The implements will be labelled with the Athlete's name and bib number. Any implement that fails to satisfy the criteria mentioned above will be rejected, with the reason noted on the form and the relevant Athlete or Coach notified via the pigeonholes at TIC at the DINAMO Stadium and SIC in AVL. A full list of labelled implements will then be prepared for the competition and confirmed by the Technical Delegates. Athletes whose team did not qualified for the next round of competition can receive back the implement from TIC by the end of the competition day.

## 1.18. Measurement and Timing

Official timing and measurement will be provided by an official supplier. Video Distance Measurement will be used for the Long Jump and Electronic Distance Measurement for Javelin throw, while manual measurement will be used for the High Jump.

## 2. VENUE INFORMATION

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## 2.1. Key Information

DINAMO Stadium is a multi-function venue that recently underwent a massive renovation and has the capacity of 22,246 spectators.

DINAMO Stadium will host Athletics competitions during MINSK 2019 as well as the Opening and Closing Ceremonies.

Distance from AVL is 9 km. Travel time is 15-20 minutes.

### Venue address:

Kirova Street, 8  
220030, Minsk, Belarus

## 2.2. Venue Access

Direct access from AVL to the DINAMO Stadium will be available on training and competition days. This will be performed via the T-A system. Athlete load zones are located in AVL and the drop-off point for Athletes is on the Venue territory.

Athletes are to arrive at the Venue according to the competition and training schedule.

Athletes who are not competing or training may watch the event from the Athletes' area in the spectators' stands. Volunteers will help to guide Athletes to the stands from the Venue drop-off point.

## 2.3. Field of Play (FoP)

The FoP for the Athletics competition at the DINAMO Stadium will use the following:

- Nine-lane 400m oval track and nine-lane straight track;
- One (1) High Jump landing area;
- One (1) Long Jump pit;
- Two (2) Javelin Throw runway.

## 2.4. Warm-Up and Training Area

There will be only one (1) shared Warm-Up and Training Area adjacent to the DINAMO Stadium, which will be operating from 22 to 28 June 2019.

For more details, please refer to article 4.2.1.

## 2.5. Venue Facilities and Services

### 2.5.1. Athlete Changing Rooms

Changing rooms and showers will be available in the Warm-Up and Training Area.

## 2.5.2. Athletes' Lounge

A lounge for Athletes and their support staff is located at level 3 at the DINAMO Stadium in the Warm-Up and Training Area. The lounge contains sofas, tables and chairs, a TV with live coverage of the Athletics competition when available, Wi-Fi, an Athlete refreshment station. The Athletes' Lounge will be open during operational hours that Athletes and Officials are present at the Venue for competition and official training.

## 2.5.3. Broadcast Mixed Zone and I-Zone

Broadcast Mixed Zone will be located near FoP.  
I-Zone will be located inside or near the Venue Media Centre.

## 2.5.4. Call Room Area

There will be Call Room 1 at the level 3 in the Warm-Up and Training Area and Call Room 2 at the level 1 before the entrance to the FoP.  
For more details, please refer to article 4.2.2.

## 2.5.5. Technical Information Centre (TIC)

TIC is located at the Warm-Up and Training Area level.  
TIC operating hours are as follows:

Period	Operating Hours
22 June 2019	15:00 – 21:00
23 June 2019	08:00 – 23:00
24 June 2019	09:00 – 12:00, 16:00 – 19:00
25 June 2019	08:00 – 23:00
26 June 2019	16:00 – 23:00
27 June 2019	09:00 – 12:00, 16:00 – 19:00
28 June 2019	16:00 – 21:00

## 2.5.6. Catering Services

Every competition venue will offer a refreshment station from the first day of training until the final day of competition. This service will be available 90 minutes before the competition session begins and until one hour after the end of the session.

The following refreshments will generally be provided for Athletes and Team Officials at competition venues:

- Tea and coffee;
- Whole fruits (bananas, apples and oranges);
- Quality biscuits (packaged);
- Granola bars (e.g., nutrigain bars or similar);
- Still water (chilled and ambient) – 500ml;
- Soft drinks – 500ml.

## 2.5.7. Doping Control Station (DCS)

DCS at the DINAMO Stadium will be located at the level 1 in the Western Side.

## 2.5.8. Language Services (LANS)

LANS Volunteers with strong language skills will be selected and trained to take the role of LANS assistants and provide language support at all Competition Venues as well as some Non-Competition Venues.

Different European languages will be available, but each pool of LANS assistants will always include volunteers able to work with the combination of English and Russian.

## 2.5.9. Lost and Found

All reports of lost items at the DINAMO Stadium should be directed to SID. This is also the location where all found items should be delivered. Items will be kept at the Venue until the end of the Athletics competition, at which point they will be transferred to SIC in AVL.

## 2.5.10. Medical Services and Facilities

Medical services will be provided at Competition Venues, Training Sites and Non-Competition Venues. These services will be backed up by services at AVL Polyclinic and designated MINSK 2019 Hospitals.

Emergency services for Athletes and Team Officials will be available at each Competition and Non-Competition Venue.

Fully equipped ambulances, staffed with doctors and nurses, will provide medical services at the Venue and/or transfer patients to MINSK 2019 Hospitals.

Medical services at the Venue will generally be available two hours before the start of competition and until one hour after competition ends. Please check with SID or the Venue Medical and Anti-Doping Coordinator for timing details.

Athletes injured on the FoP during competition or training will be evaluated on site. If necessary, they will be retrieved from the FoP and transported to the Athlete Medical Room, AVL Polyclinic and MINSK 2019 Hospital, as appropriate. FoP response will abide by the IAAF Rules.

The following medical services will be provided at the Venue:

- FoP recovery teams staffed by a physician\* and nurse;
  - Athlete Medical Room staffed by a physician\* and nurse;
  - Emergency services staffed by an ALS trained physician and nurse.
- \*Venue physicians are sports medicine specialists trained in physical therapy as well.

All details on the Games-time medical services will be available in MINSK 2019 Medical, Anti-Doping and Pharmacy Guide in February 2019. Printed copies of the Guide will be distributed at the EOC Medical Commission meeting (Games-time). If Medical Staff arrives after this meeting, copies of the Guide can be picked up at AVL Polyclinic reception.

### 2.5.11. Secure Storage for Athletics Equipment

The sport equipment storage area will be located at the level 1 to check and keep the implements (javelins) during the competition days (if an Athlete wishes the javelin to be kept in the storage and to be transferred later to the airport).

### 2.5.12. Venue Evacuation and Emergency Procedure

In case of emergency a public announcement message providing instructions will be broadcast within the Venue. On hearing the evacuation message, officials and guests are asked to follow the directions of MEGOC workforce and leave the Venue via indicated routes.

## 2.6. Weather Information

For sports that are directly impacted by weather conditions information will be available at the Sport Entries and SIC in AVL and SID at the Venue. This will include forecast for the current day as well as summary forecast for up to three days in advance. The weather forecast will be regional and will be updated throughout the day as required.

Meteorological Elements in June	Minsk
Mean Temperature (°C)	17.3
Maximum Mean Temperature (°C)	22.5
Minimum Mean Temperature (°C)	12.6
Mean Wind Speed (m/s)	1.3
Maximum Wind Speed (m/s)	4.9
Prevailing Wind	North-West
Monthly Precipitation (mm)	82.9

# 3. ATHLETES' INFORMATION

## FREQUENTLY ASKED QUESTIONS

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## 3.1. Essential Information and Emergencies

### What is the phone number to dial in an emergency?

In case of emergency within MINSK 2019 Competition and Non-Competition Venues, including AVL, Athletes and Officials are asked to contact the nearest MINSK 2019 representative directly for the most efficient assistance.

In case of emergency outside of MINSK 2019 Competition and Non-Competition Venues, including AVL, Officials and Guests are asked to use the following phone numbers:

"112" will be the general Crisis Centre (Fire emergency, Police and Ambulance);

"101" Fire Emergency;

"102" Police;

"103" Ambulance.

If the caller does not speak Belarusian or Russian, the Emergency Dispatcher will connect the caller to English-speaking Emergency Services personnel.

### What languages are most commonly spoken?

State languages are Belarusian and Russian. The official language of the 2nd European Games MINSK 2019 will be English.

### How can I get medical treatment?

There will be a Polyclinic in AVL and medical services will be provided at all Competition Venues and Non-Competition Venues (see article 2.5.10).

Hospital and ambulance services will be provided free of charge for the entire AVL operational period. These services will include treatment of acute illnesses and injuries or acute exacerbations of pre-existing illnesses and injuries.

AVL Polyclinic will be located in the residential building and offer a variety of medical services as well as emergency services within the perimeter of AVL.

### Where can I report an item lost or found?

In AVL all items found and reports of lost items should be delivered to the nearest Resident Centre. Items will be stored at the Resident Centre until the end of the day and afterwards be transferred to one of the Resident Centres operating on a 24-hour basis.

For information on lost and found services at Training Sites and Competition Venues, please refer to article 2.5.9.

### How can I use services of an interpreter?

MEGOC LANS Team Members will provide interpretation services at the Competition Venues and in AVL.

### How do I make an international telephone call via landline?

In order to make a call abroad from Belarus, dial "8 – (signal) – 10", then the relevant country code and telephone number.

### What currency is used in Belarus?

The currency in Belarus is the Belarusian ruble (BYN). One hundred coins equals one ruble and ruble notes come in 5, 10, 20, 50, 100, 200 and 500 denominations.

ATMs will be available in AVL.

## 3.2. Accreditation

### What should I do if my European Games Identity and Accreditation Card (EGIAC) is lost, stolen or damaged?

MINSK 2019 Accreditation team must be immediately informed if any EGIACs are lost, stolen or damaged. A new card will be issued on presentation of a request for accreditation card replacement from the NOC.

## 3.3. Transport

### What services are provided by the T-A system?

A range of services will be provided, including arrivals and departures and connections between Competition Venues and AVL.

For a full list of services, please refer to article 6.2.2.

### Is Minsk Public Transport System free?

Free access to the MINSK 2019 Public Transport System (metro, city rail, bus, trolleybus and tram lines) will be granted to all accredited MINSK 2019 participants (see article 6.2.5).

### Which side of the road should I drive on?

In Minsk you must drive on the right-hand side of the road. Cycling training on any roads within Minsk and Belarus will not be permitted, except the designated cycle path along Pobeditelei Avenue.

## 3.4. Athletes' Village (AVL)

AVL will be used in order to accommodate the Athletes and Team Officials participating in MINSK 2019.

The residential area in AVL includes rooms that will provide comfortable environments for Athletes and Officials during their time in Belarus. All menus are developed in cooperation with caterers and sport nutritionists, and will offer a diverse range of nutritious European food options. A number of recreation facilities (incl. Track and Field stadium) as well as efficient transport services to both Competition Venues and Training Sites will be available to AVL residents.

### Alcohol and Smoking

AVL is a non-smoking venue. Smoking is strictly forbidden within any buildings. A limited number of outside smoking areas will be available throughout AVL and will be clearly marked. Please note that consumption of alcohol and alcoholic beverages is strictly prohibited within AVL.

### Internet Access

There will be free Wi-Fi available for all residents allowing them to access internet spots in all spaces.

### Where can I find the nearest place of worship?

There will be a Multi-Faith Centre in AVL.

### Laundry

A number of serviced laundry facilities will be available for AVL residents.

### AVL Zones

AVL consists of two zones: the Residential Zone and the Operational Zone. Athletes and Team Officials will have access only to the Residential Zone. The Operational Zone is the area providing support services for the effective operation of AVL.

The Flag Square is a hub of activity within AVL. It will host the Athlete Welcome Ceremony at 18:00 on 20 June 2019 followed by an AVL entertainment programme.

### What catering facilities are available in AVL?

A wide range of food options are available in AVL. They include the Main Dining Hall, Best of Belarus casual dining area, a number of cafes.



## 3.5. Sport

### Are there restrictions on what I may wear during training and competition at the Games?

Restrictions on clothing and equipment are outlined in MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines (see paragraph 1.11).

### Will I be asked to undergo a doping control test?

Athletes may be selected to undergo one or more doping control tests during the Games.

For guidance on the doping control test procedures, please refer to paragraph 1.13.

### How can I get training and competition schedules and day's results?

Team Officials will have access to SIC in AVL where training schedules and other key competition information will be available. Both Athletes and Officials can also access these services by visiting SID at the Venue.

For more information on these services, please refer to article 1.14.1.

Detailed competition schedules and official results will be available on the Games-time website at [www.minsk2019.by](http://www.minsk2019.by).

### What facilities can I use at Competition Venues and Training Sites?

A list of facilities at the DINAMO Stadium is provided in the Competition Venue Information and Training Information sections within this Manual (see Sections 2 and 5).

## 3.6. Tickets

### How can I get sport tickets for guests?

On 1 December 2018, tickets for MINSK 2019 will go on sale to the general public on the territory of the Republic of Belarus and from 1 March 2019 go on sale to the general public worldwide.

MEGOC will conduct international sales directly through Ticket Sales webpage and Official Resellers on their territory during the period of public sales in Belarus.

International public purchasers will be able to buy tickets through the online ticket sales platform of MEGOC and MINSK 2019 Official Ticket Operator (OTO), as well as at the City Ticket Outlets or Venue Ticket Box Offices during Games time and AVL Ticket Box Office.

### Am I eligible for complimentary sport tickets?

Complimentary sport tickets programme will be developed by November 2018.

## 3.7. Social Media

### May I tweet or blog about the Games?

MEGOC wishes to sensibly and proactively embrace social media as a valuable tool to share the excitement of the Games with spectators, supporters and the global public. There are many different ways to use social media, but MEGOC requires that all accredited persons do so thoughtfully, courteously and according to the values of the Games and the EOC.

Accredited persons must not capture pictures, video/audio for commercial purposes.

Accredited persons must not include any commercial references in connection with any European Games content posted on their social media accounts.

## 3.8. Ceremonies

### How can I learn more about the MINSK 2019 Opening and Closing Ceremonies?

MINSK 2019 will begin with the Opening Ceremony on Friday, 21 June 2019 and conclude with the Closing Ceremony on Sunday, 30 June 2019.

NOC Assistants will be informed on all details of the Athletes' Parade in advance to be as helpful to the Teams as possible during the ceremonies.

The meetings of Chefs de Mission will be held in AVL one day before the ceremonies, respectively on 20 June and 29 June 2019. These meetings will be joint MEGOC/EOC briefings where representatives of all delegations will get related information and instructions on the ceremonies.

### If I take part in a Medal Ceremony, what should I wear?

Athletes taking part in a Medal Ceremony must adhere to the regulations regarding both dress and conduct outlined on article 1.11.2. and 1.11.3.

### 3.8.1. Opening Ceremony

MINSK 2019 Opening Ceremony will be held at the DINAMO Stadium on Friday, 21 June 2019 at 21:00.

Athletes will be delivered to the Opening Ceremony Venue by buses. Distance from AVL to the stadium is about 9 km; travel time is about 20 minutes.

According to the EOC decision all accredited Athletes and six (6) Team Officials residing in AVL on the day of Opening Ceremony will be allowed to march in the Athletes' Parade at the Opening Ceremony.

The Parade will begin with Greece entering the DINAMO Stadium first and Host country Belarus being last. Following the parade, Athletes will be guided to their allocated seating in the stands of the stadium.

All participants of the Athletes' Parade wishing to leave the ceremony before its completion will be provided with an early departure opportunity.

### 3.8.2. Closing Ceremony

The Closing Ceremony will be held at the DINAMO Stadium on Sunday, 30 June 2019. The ceremony will be broadcast live from 21:00. According to the EOC decision all accredited Athletes and six (6) Team Officials residing in AVL on the day of Closing Ceremony will be allowed to march in the Athletes' Parade at the Closing Ceremony.

Marching Athletes will be delivered to the stadium for the Closing Ceremony by buses.

### 3.8.3. Marching Athletes and Officials

Under no circumstances may participants of the Opening and Closing Ceremonies display any form of advertisement or propaganda – commercial, political or otherwise – on any item worn or in any other manner that is visible on camera. Participants may not use selfie sticks during the Parade.

## 4. TEAM LEADERS' INFORMATION

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## 4.1. Pre-Competition Procedures

### 4.1.1. Technical Meeting

**Date:** 22 June 2019

**Time:** 17:00

**Location:** DINAMO Stadium, Conference Hall.

**Attendance:** EAA officials, Technical Delegates, Meeting Manager, technical officials, MEGOC Athletic Competition Manager and Venue Manager.

A maximum of two (2) representatives from each NOC can attend this meeting, accompanied by a LANS Team member or an NOC Assistant, if necessary. They should bring with them the meeting agenda and their copy of the Team Leaders' Technical Manual.

### 4.1.2. Submission of Final Declaration

Final confirmation forms will be distributed upon the team's arrival.

Final Declaration of Athletes to compete at each individual match shall be made by 10:00 CET the day before each competition round in SIC in AVL or at TIC.

After the closure of Final Declarations, only three (3) further alterations may be allowed per team per match for medical or tactical reasons one (1) hour before the 1st call to Call Room for each Match.

Deadlines for Final Declaration Form		
Round	Date	Time
Qualification	22 June 2019	10:00
Quarter Finals	24 June 2019	10:00
Semi-Finals	25 June 2019	10:00
Final	27 June 2019	10:00

#### Declaration of Relay teams

For Relays four (4) Athletes to participate must be nominated, at the time specified for the Final Declaration, out of four (4) Athletes entered for the Relay and from any other Athletes entered for any individual event and/or reserves Athletes.

For 4x400m Mixed Relay, the Teams are to provide the names of four (4) Athletes, including the name of the 1st leg runner. The order of the 2nd, the 3rd and the last leg may be decided during the race by the accredited Team Leader or a Coach. To facilitate the process, one (1) Team Leader or Coach per Team would be allowed to be in the special zone close to the Relay Athletes inside the Competition Area.

## 4.1.3. Competition Draw

### 4.1.3.1. Lane Draw and Starting Order

The draw for lanes in track events is to be done by European Athletics Technical Delegates separately for each match.

The distribution of Athletes in groups during qualification/initial round in the field events is to be done by European Athletics Technical Delegates based on the season bests of competing Athletes and using the zigzag distribution.

The starting positions are to be announced to the Teams before each round of the matches (i.e. Qualification Round, Quarter Finals, Semi-Finals and Final).

### 4.1.3.2. Seeding/Draw

The distribution of teams per matches will be done using zigzag distribution with the seeding determined by the procedures described below. After distribution of teams per matches in each round, the order of matches (i.e. Match 1, Match 2, etc.) shall be determined by a draw.

#### Qualification Round

The seeding list will be based on the results of the EAA Ranking 2017 (top 30 teams).

#### Quarter Finals

The seeding will be based on the teams' results in the Qualification Round, i.e. teams' points after nine (9) events before Hunt, as below:

- Best 2nd placed team, the second 2nd placed team, the third 2nd placed team, the fourth 2nd placed team (out of remaining 2nd placed teams – since one (1) will qualify to the Semi-Final directly);
- Best 3rd placed team, the second 3rd placed team, the third 3rd placed team and so on;
- Best 4th placed team, the second 4th placed team, the third 4th placed team and so on;
- Best 5th placed team, the second 5th placed team, the third 5th placed team and so on.

#### Semi-Finals

The seeding will be based on the teams' results in the Qualification Round (for those teams qualified directly to the Semi-Finals) and on the teams' results after Quarter Finals, i.e. teams' points after nine (9) events before Hunt, as below:

- Best 1st placed team, the second 1st placed team, the third 1st placed team, the fourth 1st placed team, the fifth 1st placed team – based on the Qualification Round;
- Best 1st placed team, the second 1st placed team, the third 1st placed team, the fourth 1st placed team – based on the Quarter Finals;
- Best 2nd team – qualified from the Qualification Round;
- Best 2nd team, the second 2nd team from Quarter Finals.

#### 4.1.4. Athletes' Bibs

All Athletes will receive four (4) bibs as follows:

- One (1) numbered bib for the tracksuit;
- One (1) numbered bib for the bag

Two (2) bibs for the competition vest, one of which will carry the NOC Code and must be worn on the chest and the other will carry the Athlete's number on the back of the Athlete.

The same bibs are to be used by the athletes, regardless of the number of events in which they compete. The bibs (and the necessary safety pins) shall be distributed in the Sport Entries and SIC in AVL.

Bibs that are not collected shall be taken to TIC. Bibs must be worn in accordance with IAAF Rules and must not be cut, folded or obscured in any way. Failure to comply with the rules may result in disqualification.

#### 4.1.5. Spikes

The size and number of spikes on Athletes' shoes will be checked in the Call Room before every event. If it is found that an Athlete's spikes do not comply with the IAAF Competition Rules, the Athlete will be asked to change them to the proper size and quantity. The following maximum spike lengths will be permitted:

- High Jump and Javelin Throw – 12mm;
- Other events – 9mm (nine).

#### 4.1.6. Markers

Athletes are not permitted to use their own markers during the Athletics competition. Those athletes wishing to use a marker must use the markers provided by MEGOC.

Maximum two (2) markers per athlete will be available for Field events (Long Jump, High Jump, Javelin Throw) and Competition Officials will provide adhesive tape for Relays in the Call Room.

### 4.2. Competition Procedures

#### 4.2.1. Warm-Up

Athletes' warm-up will be done at the Warm-Up and Training Area, which is adjacent to the DINAMO Stadium.

The Warm-Up and Training Area has:

- Four-lane 400m track with the Steeplechase water jump is on the inside of the track;
- One (1) High Jump landing area;
- One (1) Long Jump pit;
- One (1) throw area with Javelin Throw runway.

## 4.2.2. Call Room Procedures

There will be Call Room 1 and Call Room 2 at the DINAMO Stadium. Call Room 1 is located in the Level 3 in the Warm-Up and Training Area, for registering Teams and Officials before going to the Team Zone in FoP. The Athletes and Team Officials will be required to leave their large bags and any other big items in the Call Room 1.

Call Room 2 is located at the Level 1 of the Stadium close to the entrance to the FoP, where Athletes' uniforms and bags will be checked for conformity with the IAAF Rules and MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines, and for any prohibited items (pictures of these items will be on display in Call Room). Confiscated items will be placed in a plastic bag and sealed; the items will be recorded on a sheet and a copy given to the Athlete. Accreditation will be removed by the Call Room officials and taken to Post Event Control (PEC). They will be escorted by volunteers to the FoP where they will arrive at the following times:

Events	Latest Time to Report to Call Room	At Competition Site
Track Events	20 minutes before the scheduled start time	10 minutes before the start time
Long Jump and Javelin Throw	45 minutes before the scheduled start time	30 minutes before the start time
High Jump	55 minutes before the scheduled start time	40 minutes before the start time

Team Leaders are responsible for informing all their Athletes about the relevant reporting times and the Call Room procedures. A detailed list of Call Room reporting times will be available at TIC and SIC daily. Any Athletes who are not present in the Call Room or who withdraw after going the Call Room will be entered as Did Not Start (DNS) in the Call Room.

More detailed information about Call Room Procedures will be available at a later stage.

## 4.2.3. Entering the FoP

Athletes will enter the FoP via the main stadium entry zone after the check in the Call Room 2. Volunteers will escort Athletes to the FoP.

## 4.2.4. Leaving the FoP during competition

During an event, no Athlete may leave the Competition Area without permission from the Chief Judge. In cases where an Athlete must leave the FoP an official will escort the Athlete.



## 4.2.5. Coaches and Teams Areas

To facilitate communication between Team Members and encourage Teams support and engagement there will be designated team zone inside the competition area (exact location of the zone will be specified at a later stage). In addition, there will be designated zones, inside the competition area, for the Coaches of field events and for Mixed 4x400m Relay. Special volunteers will bring the Coaches (one Coach per team for field events and relays) to the specific Coaching zone.

## 4.2.6. Starter's Commands

The starters' commands will be given in English.

## 4.3. Post-Competition Procedures

### 4.3.1. Leaving the FoP

All procedures regarding leaving the FoP after competitions are to be confirmed at a later stage.

### 4.3.2. Post-Event Control (PEC)

Confiscated items, accreditation and personal kit will be transferred to PEC. Accreditation will be laid out under the control of the PEC Chief in order to get back personal kit and items.

The name on the number bib will be checked against the name and photograph on the accreditation. Any items confiscated in the Call Room will also be returned at this time and will be checked against the paper copy given to the Athlete. Once this process is completed, Athletes may leave PEC.

### 4.3.3. Protests

Please see full information about protests in article 1.10.2.

### 4.3.4. Doping Control

Athletes selected for doping control will be notified in person and escorted to the DCS by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. For details of the Doping Control Programme, please refer to paragraph 1.13.

### 4.3.5. Broadcast Mixed Zone and I-Zone

All Competition Venues will include a Broadcast Mixed Zone for broadcast media and an I-Zone for written press. After the competition or Medal Ceremony, all Athletes will be guided through the Broadcast Mixed Zone as they leave the FoP, but are not obliged to speak. Team Coaches who are normally positioned on the FoP may also be asked to pass through the Broadcast Mixed Zone for interview possibilities.

After passing through the Broadcast Mixed Zone, Athletes will be free to return to the changing room or go to Medical/Doping procedures unless they are requested for the I-Zone interviews.

Press wanting to interview someone in the I-Zone would make a request to Press Operations who will escort the Athlete from the Broadcast Mixed Zone to the I-Zone.

By default, all Gold medallists and all Belarusian Athletes will be escorted to the I-Zone for interviews. Press Attaches, Doping Control Officers and LANS team members will be able to escort Athletes into the I-Zone, if needed. I-Zone will end operations about 45 minutes after the competition ends.

The News Service team will also proactively request Athletes to come to the I-Zone in order to introduce interesting story angles to the media. Once in the I-Zone, the Athlete would be interviewed by the member of the press who requested the interview.

There will be no time limit on the length of the interview (within reason) and there will be no guarantee that it would be exclusive, meaning one or two journalists might want to interview the same Athlete.

The I-Zone will be managed by Press Operations to help facilitate introductions or questions, and ensure the I-Zone remains an informal area and that no media “scrum” is created.

#### 4.3.6. Results Distribution

Competition-related information for all sports, including results reports, will be available on the Games-time website [www.minsk2019.by](http://www.minsk2019.by).

Delivery of printed results information is available only at Competition Venues and to time-critical services. Selected reports will be available for collection from SID at the Venue and the Sport Entries and SIC in AVL.

After the completion of all competitions, all results will be compiled in PDF files and will be available for downloading from the Games-time website [www.minsk2019.by](http://www.minsk2019.by).

#### 4.3.7. Medal Ceremonies

All Medal Ceremonies at MINSK 2019 will occur on or next to the FoP. Before each Medal Ceremony all the Medallists are gathered in the waiting area accompanied by volunteers (people responsible for each kind of sport assigned by Competition managers). Medal Ceremony Staff will be on hand to advise and guide all Athletes before, during and after their Medal Ceremony.

All announcements for the Medal Ceremony will be made in two languages – English and Belarusian.

Athletes taking part in Medal Ceremonies must adhere to MINSK 2019 Rules and Regulations that pertain to dress and conduct. All Athletes will be required to wear their official NOC tracksuit throughout the Medal Ceremony.

It is the responsibility of each Athlete/Coach to ensure that the Athlete has their full tracksuit with them and that it is ready to be worn at the Venue in time for the start of the Medal Ceremony. Failure to adhere to this rule may result in the delay or postponement of the Medal Ceremony.

Medal Ceremony Staff will lead Athletes to the podium for the Medal Ceremony and advise them with regard to the procedures that the Athletes will need to follow.

Flags, signs, mobile phones, cameras, electronic devices, bottles, items of sport equipment, items with political statements, sunglasses, headdresses and EGIAC will not be allowed on the podium. If any Athlete is in possession of any of these items, the latter be handed in to the Medal Ceremonies Manager for the duration of the Ceremony.

Similarly, if any items are thrown to Athletes while they are on FoP and/or the podium, the Athlete must pass them to their Medal Ceremony Staff for the Medal Ceremony. Failure to comply with these rules may result in disqualification.

During the Medal Ceremony, in addition to the medals, MEGOC plans to present the winning Athletes with a bouquet of flowers.

Gold Medallists can ask other medal winners to join them to share the joy of victory and take a picture together.

After the Medal Ceremony has finished, Athletes will be asked to move to a second location in order to provide the media with additional photography opportunities. This will take no more than one minute. After all photographs have been taken, Medal Ceremony Staff will lead the Athletes to the Broadcast Mixed Zone.

If any Athlete is chosen for Doping Control, he/she will be escorted through the Broadcast Mixed Zone by a Doping Control Officer or Doping Control Chaperone and will then be Chaperoned to the DCS.

Medals will be awarded in each event of the competition as follows:

- The 1st place: gold gilt medal,
- The 2nd place: silver gilt medal,
- The 3rd place: bronze gilt medal

Diplomas for the Athletes ranked from the 1st to the 6th will be given to the Chefs de Mission in NOC Services Centre in AVL.

## 5. TRAINING INFORMATION

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## 5.1. Key Information

Training for Athletics will take place in the Warm-Up and Training Area at the DINAMO Stadium. The venue includes the following:

- Four-lane 400m track;
- High Jump area;
- Long Jump area;
- Javelin Throw area.

The Warm-Up and Training Area will be opened from 22 to 28 June 2019. Training sessions by date and hours will be available at a later stage. For Javelin Throws training there will be dedicated times.

All training equipment will be approved by the Technical Delegates and will comply with IAAF competitions Rules (2018 – 2019).

## 5.2. Training Regulations

Teams are expected to self-regulate their training sessions. If in the opinion of the personnel responsible for the Training Venues there are unsafe practices, the matter will be brought to the attention of the responsible Team Official.

## 5.3. Media Access

Athletics training sessions are always open to media. Broadcast Mixed Zone or press tribunes can be used for viewing.

Photographers are allowed to be present near the media line inside the training area.

## 5.4. Venue Access

For detailed information on venue access, please refer to Appendix 2 and paragraph 2.2.

## 5.5. Training Facilities

Training Site will contain the Warm-Up and Training Area. Also there will be Athletes' changing rooms, showers and lockers. Training Area will include Athletes' Lounge and Refreshment Zone as well Weightlifting Tent and Team Tents.

- Lost and Found  
All reports of lost items should be directed to an on-site MEGOC representative who will be able to provide assistance.
- Medical facilities  
Limited services will be available at DINAMO Stadium, with enhanced services for the sports requiring specialised care.

## 6. THE GAMES AND MINSK

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## 6.1. Accreditation

MEGOC issues an EGIAC to every official participant of MINSK 2019. The EGIAC establishes the identity of its user and allows access to MINSK 2019 venues according to the participant's role.

Before validation an EGIAC is referred to as a PVC. All NOCs will get PVCs for their delegation from MEGOC after DRP conference calls. Participants must present acceptable identification documents and PVCs at MINSK 2019 Accreditation Centres to validate the PVC.

All participants of MINSK 2019 must provide a valid original Identification Document (passport or another substituting document for traveling abroad) as follows:

- All accredited members have to travel with IDs (passports or other documents valid for travelling) valid three months beyond the length of stay.
- The Identification Document must be the same that was used to register on MINSK 2019 Online Accreditation Platform.

The accredited participants will be eligible to multiple entries from 25 May 2019 to 10 July 2019.

### 6.1.1. Accreditation Facilities

PVCs validation will be available at MINSK 2019 Accreditation Centres.

National Airport Minsk (MSQ) will be the main port of entry to Belarus. Athletes, Coaches, and other Team Officials (all individuals with an "A" accreditation categories including "Aa", "Ac" and "Ao") coming by plane will be able to validate their accreditation at MSQ Accreditation Centre. AVL residents with accreditation categories other than "A" and individuals with an "A" accreditation categories coming by train or bus have to validate their PVCs in AVL Accreditation Centre.

NOC category participants who will not be accommodated in AVL have to validate their PVC upon arrival at the Accreditation Centre at the EOC Family Hotel.

Other accreditation categories will be able to validate their PVCs at the Uniform Distribution and Accreditation Centre (UDAC).

In order to validate PVCs participants must bring and them along with IDs that were used during accreditation process at MINSK 2019 Online Accreditation Platform.

Moreover, all Competition Venues will offer Venue Accreditation Help Offices (VAHOs) to solve possible accreditation issues (damaged, stolen cards, etc.) and consultations.

The table below summarises available accreditation facilities and Client Groups they serve:

Accreditation Facilities			
Facility	Dates and Time of Operation	Client Group	Service
MSQ	25 May – 30 June 2019 (24 hours a day)	All	Card validation, card replacement, issue resolution
AVL	From 07:00 on 15 June until 23:59 on 2 July 2019 (24 hours a day)	NOCs	
Minsk Marriott Hotel (EFH)	18 June – 30 June 2019 (07:00 – 22:00)	EOC Family	
VAHOs	Operates 2.5 hours prior to competition / training until end of competition / training (may vary by location and day). Please check exact opening hours on site at each VAHO	All	Card replacement, issue resolution

### 6.1.2. Accreditation Codes

Venue codes and pictograms printed on the EGIAC front side indicate access to Competition and/or Non-Competition Venues. A full description of the codes is available on the reverse side of the card.

Venue zone access rights are indicated on the EGIAC with colour and alphanumeric codes.

The following zones are used at MINSK 2019:

AVL Codes	
Zone Code	Description
AVL	Athletes' Village
R	Residential Zone



Venue Zone Codes	
Zone Code	Description
Blue	FoP, Operational Areas, General Circulation Areas
Red	Operational Areas, General Circulation Areas
White	General Circulation Areas
2	Athlete Preparation Area
5	Press and Broadcast Area
6	EOC Family Area

### 6.1.3. Lost, Stolen or Damaged Accreditation

MINSK 2019 Accreditation Team must be immediately informed if any EGIACs are lost, stolen or damaged. A new card will be issued on presentation of a request for accreditation card replacement from the NOC.

## 6.2. Transport

MINSK 2019 Clients Transport Systems' mission is to deliver effective, reliable and efficient transportation services to Athletes, Team Officials and EOC Family members.

Transport services will be delivered by three (3) systems that will have access to the Games Route Network (GRN) in order to minimise travel times:

- T-A Transport System;
- T-All Transport System;
- T-X Transport System.

Please note that full details of transport services at the Games, including timetables and schedules, will be made available to Athletes and Team Officials at the Transport Desk in the NOC Services Centre.

### 6.2.1. Games Route Network (GRN)

Venues, AVL and MINSK 2019 official Accommodation Sites are situated along the routes of four (4) Games transport corridors, i.e. city transport thoroughfares forming GRN together with the Minsk Ring Road (MKAD) and out-of-town highways.

The key principles of the GRN operation are:

- Special traffic management schemes and traffic lights coordination;
- Accident/incident detection and management;
- Special signage;
- Traffic cameras and continuous police monitoring.

### 6.2.2. Athletes' Transport System (T-A)

During MINSK 2019, the T-A system will offer an exclusive, secure and dedicated service for Athletes and Team Officials throughout the Games. T-A system privileges are available to "Aa/Ac/Ao" accredited persons.

Accreditation must be displayed at all times to use the services.

Services will run on a regular frequency basis or in accordance with schedules published at the Transport Desk in the NOC Services Centre for:

- Arrivals from MSQ to AVL (peak and off-peak frequency based on Arrivals and Departures System (ADS) data);
- Departures to MSQ from AVL

During the Games, any changes to arrival and departure plans are to be submitted to the Arrivals and Departures Desk at the NOC Services Centre, via the ADS website or by telephone.

AVL Transport Mall is located next to AVL to provide Athletes and Team Officials with direct access to its services.

### 6.2.3. T-All Transport System

The T-All Transport System will provide select accredited clients groups with a variety of transport services throughout all phases of the Games. The client groups entitled to access this service are Media, Technical Officials, Technical Delegates, Athletes, Team Officials, EOC Family and their accredited guests.

T-All Services are as follows:

- Arrivals and Departures;
- Hub Bus services from Central Hub along MINSK 2019 transport corridors. These services will be running during the day, on a 20-hour basis;
- Limited scheduled/direct shuttles from/to select accommodations and Competition Venues synchronised with morning and evening shifts of ISB and rights-holding broadcasters;
- Local shuttles from the ITOs/TDs hotels directly to their respective venues and back, synchronised with their respective shift requirements;

- Transport for Opening and Closing Ceremonies for ITOs/TDs, EOC Family, Media.

Technical Delegates are granted the T-X privilege but are still entitled to use the T-All services as well.

Transport provided for other competition-related events will include:

- Official meetings;
- Draws;
- Technical meetings;
- Venue familiarisation;
- Weigh-ins

#### 6.2.4. MINSK 2019 Taxi Services (T-X)

T-X Transport System will Cater to Ministers of Sport, EOC Family including NOC Presidents and Secretaries General, EF Presidents and Secretaries General, WADA representatives, Chefs de Mission by offering on demand service at the EOC Family Hotel (EFH) and Dignitaries Hotel (DH), Competition Venues and AVL on a 18-hour basis daily.

#### 6.2.5. MINSK 2019 Public Transport System

Free access to the MINSK 2019 Public Transport System (metro, city rail, bus, trolleybus and tram lines) will be granted to all accredited Games participants. Operating hours of the Public Transport System will be extended during the Games.

#### 6.2.6. Spectating Athletes

Spectating Athletes of the same sport can use regular scheduled Coaches from/to AVL and each respective venue. Different-sport spectating Athletes must use the T-All system.

#### 6.2.7. Opening and Closing Ceremonies

Athletes and Team Officials will be transported to/from the DINAMO Stadium exclusively and only with Coaches from/to AVL for the Opening and Closing Ceremonies. No direct transport service will be offered from the DINAMO Stadium to the MSQ on the night of the Closing Ceremony.

### 6.3. Security

The Government of the Republic of Belarus is responsible for all aspects of safety and security for MINSK 2019. The Government Security Authorities

(GSA) will ensure that all appropriate and necessary security measures throughout planning and operational delivery are implemented to ensure safe and peaceful celebration of MINSK 2019.

The Security, Border Control and Custom Subcommittee of the Republican Organising Committee (SBCCS) is assigned as a dedicated Venue Security Coordinator for the coordination of protective security arrangements in AVL and designated Competition and Non-Competition Venues.

### 6.3.1. Security in AVL

AVL and its residents will be granted the highest level of protection. Access to AVL will be granted to accredited client groups with designated AVL accreditation rights and authorised guests. Accreditation will be authenticated by GSA security personnel.

All AVL residents, accredited client groups, guests and their personal belongings will be subject to security screening prior to entering AVL. All deliveries of goods and materials as well as vehicles will be subject to security screening after the Venue lockdown and start of security operations.

AVL will be protected by a perimeter security fence and provided with additional protective security measures, security lighting and electronic security systems including Closed Circuit Television (CCTV) surveillance. Security screening items/measures will include but are not limited to:

- Walk-through metal detectors (“mags”);
- Portable metal detectors;
- X-ray screening and other technical security measures.

### 6.3.2. Security at Competition Venues and Training Sites

A risk-based approach will be applied by the GSA agencies to determine protective security arrangements for Competition Venues and Training Sites.

Access to Competition Venues will be restricted to appropriately accredited and ticketed individuals who will be subject to accreditation / ticket authentication and security screening at Pedestrian Screening Areas (PSA) prior to entry.

Any vehicle and its occupants (including delivery vehicles) seeking for drop-off or enter the secure perimeter of a venue will be subject to security screening of the appropriate level at the Vehicle Screening Area (VSA).

### 6.3.3. Security in Transit

MEGOC in cooperation with the GSA agencies will implement a security plan to ensure the appropriate level of security to Athletes Teams and their equipment whilst in transit from AVL to venues via GRN.

The principle of bubble-to-bubble (“B2B”) T-A system bus operation / circulation will be implemented to facilitate secure transportation from AVL to Competition Venues and Training Sites and back.

Athletes and Officials travelling via the T-A system will be subject to reduced security screening requirements on arrival at Competition Venues and Training Sites (with consideration to the assigned lower-risk profile of NOCs).

Upon return to AVL all Athletes and Officials are subject to an accreditation check and security screening prior to entering AVL.

This policy also applies to NOC vehicles and their occupants seeking to drop off or park within the secure perimeter of AVL.

### 6.3.4. Prohibited and Restricted Items

List of MINSK 2019 prohibited items:

- Explosive devices and materials;
- Firearms, ammunition and any kind of toy guns;
- Knives;
- Incendiary devices;
- Hazardous substances (e.g., chemicals, irritants and gases);
- Fireworks and pyrotechnics;
- Laser pointers;
- Personal protection sprays (e.g., “pepper spray”);
- Offensive implements, i.e. anything that is made or adapted to cause injury to a person;
- Illegal drugs including performance enhancing drugs.

Please note that any NOC delegation members and other AVL residents are not permitted to bring any alcohol liquids and foods into the residential areas.

Security policy for prohibited items will be issued separately and made available to NOCs.

### 6.3.5. Exceptions

Emergency services and certain accredited personnel, including workforce, will be permitted to use items as required by their accreditation in order to enable them to carry out their functions.

### 6.3.6. Tools of the Trade

Tools of the Trade include requirements for people bringing items under the prohibited items policy into the venues, but are required by staff of certain categories to undertake their job. Athletes, Team Officials and Technical Officials are permitted to carry a reasonable amount of liquids, aerosols and gels.

### 6.3.7. Requests for Emergency Assistance

Details of emergency phone numbers to use within AVL will be issued in the welcome pack and displayed in all common areas.

## 6.4. MINSK 2019 Overview

The European Games are a multi-sport event for Athletes from the National Olympic Committees of Europe and that are held every four years. The Games are owned, co-organised, and regulated by the EOC.

The European Games were inaugurated at the EOC General Assembly on 8 December 2012 in Rome, Italy.

The right to host the 2nd European Games was awarded to the city of Minsk (Belarus) at the meeting of the General Assembly of the EOC on 21 October 2016.

The Republican Organising Committee (ROC) was established by a Decree of the President of the Republic of Belarus on 9 January 2017. ROC is chaired by the Prime Minister of the Republic of Belarus Sergei Rumas.

Following the Decree of the President of the Republic of Belarus dated on MEGOC was established. The leadership of MEGOC is provided by the CEO George Katulin who is also NOC Belarus Secretary General.

More than 4,000 Athletes

More than 2,000 Team Officials

15 Sports / 23 Disciplines (19 Olympic Disciplines / 4 Non-Olympic Disciplines  
– Acrobatic Gymnastics, Aerobic Gymnastics, Beach Soccer, Sambo)

200 Medal Events

10 Days of Competition

15 Competition Venues

9 Sports are Part of the "Road to Tokyo 2020" Qualification

Opening Ceremony: 21 June 2019

Closing Ceremony: 30 June 2019

## 6.4.1. Competition Venues

200 Medal Events that make up the Sport Programme at MINSK 2019 will be held at 15 Competition Venues.

15 Competition Venues and sports featured at each of the venue are listed in Appendix 3 and the table below.

Sport / Discipline	Competition Venue
Archery	Olympic Sports Complex
Athletics	DINAMO Stadium
Badminton	FALCON Club
3x3 Basketball	PALOVA Arena
Beach Soccer	Olympic Sports Complex
Boxing	Sports Palace URUCHIE
Canoe Sprint	Regatta Course ZASLAVL
Cycling – Road	Minsk City Centre
Cycling – Track	MINSK Arena Velodrome
Gymnastics – Acrobatic	MINSK Arena
Gymnastics – Aerobic	MINSK Arena
Gymnastics – Artistic	MINSK Arena
Gymnastics – Rhythmic	MINSK Arena
Gymnastics – Trampoline	MINSK Arena
Judo	CHIZHOVKA Arena
Karate	CHIZHOVKA Arena
Sambo	Sports Palace
Shooting – Rifle & Pistol	Shooting Centre
Shooting – Shotgun	Sporting Club
Table Tennis	Tennis Olympic Centre
Wrestling – Greco-Roman, Freestyle, Women's	Sports Palace

## 6.5. The City of Minsk

### 6.5.1. Shopping

The official merchandise stores will operate at all sports venues, in AVL and the official fan-zones during the Games time providing with the large variety of licensed goods such as official mascots, backpacks, clothing, stationery, keychains, magnets and many other items. The official merchandise megastore will be located in the major fan-zone near the Sports Palace (Nemiga Metro Minsk station).

For those who wish to keep nice memories of their stay in Belarus, there are several options to explore. First, consider original Belarusian hand-made souvenirs and classic handicraft items such as wooden jewellery boxes, ceramics, woven straw items, embroidery and knitted products.

Second, what about some chocolate?

Kommunarka and Spartak are the two brands that produce a range of chocolates and sweets of exceptional quality popular among both Belarusians and foreign visitors.

Another option is to combine shopping and entertainment. For instance, you could stop by Galleria Minsk, one of the largest malls in Belarus located in the very heart of the historic and cultural part of Minsk. It offers a mix of stores, restaurants and areas with exhibitions and workshops to its visitors.

Among other major shopping and entertainment centres are Arena City, Stolitsa, Dana Mall and Zamok Shopping Mall. They offer a large selection of clothing and accessories as well as a wide range of jewellery, cosmetics, perfumes, etc. Shopping malls with global brand franchises are Arena City (Pobeditelei Avenue, 84), Stolitsa (Nezavisimosti Square), Dana Mall (Mstislavca Street, 11), Galleria Minsk (Pobeditelei Avenue, 9).

### 6.5.2. Cafe Culture, Music and Dining

The food industry in Minsk is developing rapidly. Minsk is full of places where you can try authentic Belarusian dishes, European and Asian cuisine – ranging from top-notch restaurants to casual cafés styled as Belarusian huts.

If you enjoy live music, you can often encounter buskers playing right in the streets of the old town.

Some cafés feature live music in the evenings. Most cafés are located in the centre of Minsk.



### 6.5.3. Belarusian Cuisine

Belarusian national cuisine goes several centuries back. The Belarusian culinary tradition is a blend of simpler recipes and the sophisticated cuisine of the noble. It uses local ingredients and incorporates unusual ways of cooking.

Old Belarusian recipes have survived to the present day and people visiting the country show an increased interest in them.

Culinary traditions of Belarusians lie in simplicity of national recipes, various local products and unusual ways of preparation.

### 6.5.4. Theatres

There are more than 30 theatres in Minsk. The most frequently visited and well-known ones are the National Academic Bolshoi Opera and Ballet Theatre, Janka Kupala National Theatre, State Russian Drama Theatre and Belarus State Academic Musical Theatre.

### 6.5.5. Nightlife

The Minsk party scene is conveniently centred in the heart of the Old Town. To get a glimpse of the nightlife with its bars, live-music venues and nightclubs visitors should go straight to Zybetskaya Street that transforms into a giant street party on summer weekend nights.

Minsk visitor can enjoy lively bars and clubs to have some fun at night. Food and drinks are reasonably priced. Bars, clubs and discos are open till late in the morning, especially during weekends. Zybetskaya Street is the most famous street of night bars, clubs and discos.

### 6.5.6. Museums and Exhibitions

There are more than 20 museums in Minsk. The Belarusian Great Patriotic War Museum is among the most notable and visited ones. Founded in 1943, it moved into a new modern building in 2014. This museum has several multimedia complexes (plasma screens and installations), 10 exposition halls and the Victory hall.

The National Art Museum of the Republic of Belarus is also worth exploring. More than 27,000 works of art are exhibited at the branches of the Museum and its depositories.

The National Historical Museum of the Republic of Belarus has the biggest collection of artefacts from ancient times to present day. Around 370,000 exhibit items represent the material and spiritual culture of the Belarusian people.

## 6.6. Useful Information

### 6.6.1. Banks and Bank Cards

There are multiple ATMs around the city, most of which accept international debit and credit cards. Depending on your account-holding bank, there may be limits on the amount of cash you are able to withdraw in one day.

Large bank branches are open Monday through Saturday, but closed on Sundays. Smaller branches are closed on Saturdays and Sundays.

International credit and debit cards are accepted in most restaurants and large shops.

### 6.6.2. Currency

The currency of Belarus is the Belarusian Ruble (BYN).

One hundred coins equals one ruble and ruble notes come in 5, 10, 20, 50, 100, 200 and 500 denominations.

It is impossible to buy Belarusian rubles in the majority of European countries, so visitors will need to use the foreign exchange desk at the arrivals hall in the MSQ or withdraw money from ATMs around the city.

For general information about the official exchange rates and internal monetary policy, please visit the official website of the National Bank of the Republic of Belarus at [www.nbrb.by/engl/](http://www.nbrb.by/engl/).

### 6.6.3. Electricity

The standard voltage in Belarus is 220V.

Electrical equipment and appliances are equipped with standard European 220-240V two-pin plugs.

### 6.6.4. Gratuities and Tipping

Tipping is not required in Minsk, although it is common. Occasionally, the service charge is included in the bill. Like anywhere in the world, tipping for above-average service will be appreciated.

### 6.6.5. Language

Belarusian and Russian are the official languages of Belarus. English is the official language of MINSK 2019.

### 6.6.6. Opening Hours

Office hours are 09:00 to 18:00, Monday through Friday.

Banking hours are 09:00 to 18:00, Monday through Friday.

Shops generally open around 09:30 or 10:00 and close around 20:00 – 22:00.

Shops are open seven days a week.

### 6.6.7. Smoking

Smoking is permitted in designated smoking areas.

During MINSK 2019 smokers will be advised to use designated smoking areas away from the public/workforce domains at all venues. There will be stub bins for cigarettes that will be cleaned regularly.

Smoking at venue premises will be discouraged.

In line with public health advice and for avoidance of doubt, e-cigarettes and other smoking devices may not be used anywhere besides the dedicated smoking areas. Tobacco will not be sold at any venue.

### 6.6.8. Taxes (VAT)

VAT in Belarus is similar to that in most European VAT systems, with tax levied on most goods and services. In 2013, Tax Free system that helps foreign nationals get back the VAT on the purchases made in Belarus was introduced.

If you live inside the Eurasian Economic Union, you will not be able to use the Tax Free service. At present, the customs union of the Eurasian Economic Union includes Belarus, Russia, Kazakhstan, Armenia and Kyrgyzstan.

Over 360 shops support to the Tax Free system in Belarus. Buyers get 12.5% of their money back.

### 6.6.9. Telephones

The country code for Belarus is +375 and the city code for Minsk is 17.

Belarusian mobile phone numbers have 12 digits and most mobile numbers start with +375 29, +375 44, +375 33 or +375 25. All 12 digits must be dialled for calls within Belarus. For example: +375 29 XXX XX XX.

### 6.6.10. Time Zone

Location: Minsk (Belarus)

Time Zone: MSK

UTC Offset: UTC+3 hours.

## 6.6.11. Tourist information

For more information on Belarus, its sights and culture please visit the following websites:

<http://visit-belarus.com/en/information-about-belarus/>

<http://www.belarus.by/en>

<http://minsktourism.by/en/>

## TRAINING SESSION & EVENT COMPETITION SCHEDULE

## Appendix 1

by Sport – High Level

Version: 1.0

### Day 2

Training Day – Saturday, 22 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FOP
Time	Training	Group	
08:00 - 10:00	Training Session Allocation	15 Athletes – Javelin	
10:00 - 11:30	Training Session Allocation	Group 1	
11:45 - 13:15	Training Session Allocation	Group 2	
13:30 - 15:00	Training Session Allocation	Group 3	
15:15 - 16:45	Training Session Allocation	Group 4	
17:00 - 18:30	Training Session Allocation	Group 5	
18:45 - 20:45	Training Session Allocation	15 Athletes – Javelin	
18:00 - 20:00	Free Training		All Teams
18:30 - 19:30	Free Training with Starter		All Teams

### Day 3

Competition Day – Sunday, 23 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FOP
Time	Competition		Competition Phase
Session AT01	Start: 09:40 End: 11:40		
09:40 - 11:40	DNA Mixed Team Match 1		Qualification Round
Session AT02	Start: 12:00 End: 14:00		
12:00 - 14:00	DNA Mixed Team Match 2		Qualification Round
Session AT03	Start: 15:20 End: 17:20		
15:20 - 17:20	DNA Mixed Team Match 3		Qualification Round
Session AT04	Start: 17:40 End: 19:40		
17:40 - 19:40	DNA Mixed Team Match 4		Qualification Round
Session AT05	Start: 20:00 End: 22:00		
20:00 - 22:00	DNA Mixed Team Match 5		Qualification Round

## Day 4

Training Day – Monday, 24 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FOP
Time	Training	Group	
08:00 - 10:00	Training Session Allocation	15 Athletes – Javelin	
10:00 - 11:30	Training Session Allocation	Group 5	
11:45 - 13:15	Training Session Allocation	Group 4	
13:30 - 15:00	Training Session Allocation	Group 3	
15:15 - 16:45	Training Session Allocation	Group 2	
17:00 - 18:30	Training Session Allocation	Group 1	
18:45 - 20:45	Training Session Allocation	15 Athletes – Javelin	

## Day 5

Competition Day – Tuesday, 25 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FOP
Time	Competition		
13:30 - 14:30	Free Training – Javelin	6 SFs Qualified Athletes	
14:30 - 15:30	Free Training	6 SFs Qualified Teams	
Time	Competition		Competition Phase
Session AT01	Start: 09:40 End: 11:40		
09:40 - 11:40	DNA Mixed Team		Quarter Final
Session AT02	Start: 12:00 End: 14:00		
12:00 - 14:00	DNA Mixed Team		Quarter Final
Session AT03	Start: 17:40 End: 19:40		
17:40 - 19:40	DNA Mixed Team		Quarter Final
Session AT04	Start: 20:00 End: 22:00		
20:00 - 22:00	DNA Mixed Team		Quarter Final

## Day 6

Competition Day – Wednesday, 26 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FOP
Time		Training	
08:00 - 09:30	Free Training – Javelin	12 SFs Qualified Athletes	
09:30 - 13:30	Free Training	12 SFs Qualified Teams	
Time		Competition	Competition Phase
Session AT01	Start: 17:40 End: 19:40		
17:40 - 19:40	DNA Mixed Team		Semi-Final
Session AT02	Start: 20:00 End: 22:00		
20:00 - 22:00	DNA Mixed Team		Semi-Final

## Day 7

Training Day – Thursday, 27 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FOP
Time		Training	
09:00-11:00	Free Training – Javelin	Final Qualified Athletes	
11:00-19:00	Free Training	Final Qualified Teams	

## Day 8

Competition Day – Friday, 28 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FOP
Time		Competition	
Session AT01	Start: 18:00 End: 20:00		
18:00-20:00	DNA Mixed Team		Final

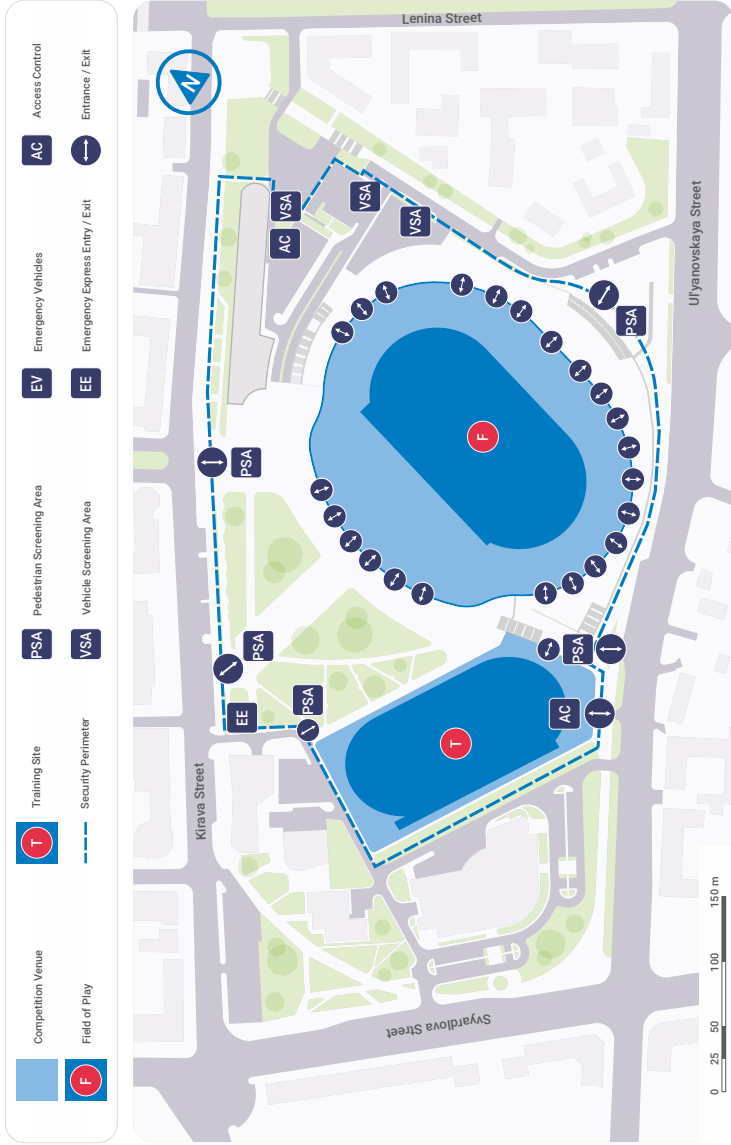
DINAMO STADIUM



Athletics

Capacity: 22,246 seats  
Distance from AVL 9 km / Travel Time 16 min

Appendix 2





# Appendix 3



## For notes

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## For notes

A series of horizontal dotted lines for writing notes.

BRIGHT  
YEAR,  
BRIGHT  
YOU!

[www.minsk2019.by](http://www.minsk2019.by)